

Spring

Break



Spring

Training

Instruction:

Sports at the Beach is proud to present this instructional camp. The camp will stress the fundamentals necessary for lifelong success on the field.

Facilities:

The camp will be held at the Sports at the Beach complex located in Georgetown, Delaware. This "State of the Art" facility is complete with 16 fields to play on and a total of 30 batting cages near the fields for teams to warm up in before their games. The facility also has climate controlled dorms capable of accommodating up to 24 teams at a time. While you are here visit our recreation areas which include 5 fishing ponds, a playground, and an Olympic size swimming pool (in season). All meals will be served on site and eaten in the camp eatery. Don't forget to visit our Welcome Center where you'll find access to our photo center, gift shop and pro shop.

Staff:

Director: **Pedro Swann** - 17 years of professional experience including time in Baltimore, Atlanta, and Toronto.

Coaches: **Dwayne Henry** - Major League veteran of 13 seasons including Texas, Atlanta, Houston, Toronto, Seattle, Cincinnati, and Detroit.

Camp Manager: **David A. Doherty** - Longtime Teacher and Coach in the State of Delaware. Has coached every level from tee-ball to college.

Registration & Questions:

Call to Register:
302-856-7400 (local)
800-969-9008 (toll free)
302-856-9448 (fax)
Or E-mail:
info@sportsatthebeach.com

Make Checks Payable To:

Sports at the Beach

Mail Payments To:

Sports at the Beach
Attention: Spring Training Camp
22518 Lewes Georgetown Highway
Georgetown, DE 19947

What To Bring:

- Gloves
- Batting Helmet
- Bat
- Catchers Gear
- Cleats
- Sneakers
- Sunscreen
- Batting Gloves
- Bed Linens
- Towel
- Shower Items
- Additional Clothes for Rec Time
- Swimsuit
- Spending Money

Camp Check In/Check Out

Check in for the camp will begin at 5:00 PM on Monday April 5, 2010. First activities will begin at 6:00 PM. Check out will begin on Wednesday, April 7 at 4:00 PM.

Camp Schedule

Monday April 5

5:00 - 6:00 PM - Check In
6:00 - 7:00 PM - Welcome/Dinner
7:15-9:15 PM - Skills Competitions

Tuesday April 6

7:30 AM - Wakeup/Breakfast
9:00 AM - Stretch/Throw
9:30 AM - Defensive Drills
10:30 AM - Break
10:40 AM - Defensive Stations
12:00 PM - Lunch
1:15 PM - Stretch/Throw
1:45 PM - Hitting Stations
2:45 PM - Break
3:00 PM - Live Hitting/Baserunning
4:30 PM - Individual Work
5:00 PM - Dinner
6:15 PM - Games
7:30 PM - "Life as a Major Leaguer"

Wednesday April 7

8:00 AM - Breakfast
9:00 AM - Stretch/Throw/Defense
12:00 PM - Lunch
1:15 PM - Stretch/Throw/Offense
4:00 - 6:00 PM - Dinner/Check Out

REGISTRATION FORM

NAME

ADDRESS

CITY STATE ZIP

PHONE, GRADE, POSITION(S)

CAMPER E-MAIL

HIGH SCHOOL

SUMMER TEAM

ROOMMATE PREFERENCE

TOTAL COST: \$375

SEND TO:

22518 LEWES GEORGETOWN HIGHWAY
GEORGETOWN, DE 19947

WEBSITE: WWW.SPORTSATTHEBEACH.COM

Waiver Statement

I/we the undersigned, hereby certify that I/we are the legal guardian of the above named player. I hereby give permission for the staff of the Sports at the Beach Camp to seek, during the period of the camp, appropriate medical attention for said player in the event of an accident, injury, or illness. I understand that I will be responsible for all costs associated with the medical treatment.

I/we the undersigned, for ourselves, our heirs, executors, and administrators, waive release, and forever discharge Sports at the Beach, its staff, officers, agents, employees, representatives, successors, of any liability, claims, demands, actions, and cause of action whatsoever arising out of or related to any loss, personal injury, or property damage that may be sustained or occur during participation in Sports at the Beach camps, whether or not damages, injuries, or loss is due to negligence.

Signature (Parent/Legal Guardian) Date

SPORTS AT THE BEACH
22518 LEWES GEORGETOWN HIGHWAY
GEORGETOWN, DE 19947



SPORTS AT THE BEACH

SPRING BREAK
SPRING TRAINING

APRIL 5-7
GRADES 5-8

- TRAIN LIKE THE PROS!
- DEVELOP ALL SKILLS
- PRO COACHING STAFF
- AKADEMA GIFT PACK
- EXCELLENT CAMPER TO STAFF RATIO
- ALL MEALS INCLUDED

CONTACT US

(800) 969-9008

302-856-7400

302-856-9448 FAX

INFO@SPORTSATTHEBEACH.COM

